
ASPIRE BE THE
DREAM.

INSTITUTE

Aspire Digital Learning Platform

APRIL 6 - 10 // MONDAY-FRIDAY // 11AM

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WHAT IS ASPIRE INSTITUTE?

INTERACTIVE LEARNING

Welcome to Aspire Institute! Join our online community with guest instructors and interactive activities pulled from the Aspire Dream BLDRS™ course designed to help you build your dream.

ASPIRE BE THE
DREAM.

DOWNLOAD

The Aspire Institute Dream BLDRS™
Course Workbook online at
www.Live2Aspire.com

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ASPIRE BE THE DREAM.

VISION

BIG ▪ UNREALISTIC ▪ HELP OTHERS

Part of Dream BLDRS™ Curriculum



Meet your instructor

DEVONTE JOHNSON

Dentist and Global Advocate for Oral Health

DeVonte Johnson is the Global Relations Director for Menergi Network, who shares his insights on the latest in sustainability, global outreach, and health care innovation. He is currently finishing his Doctorate of Dental Medicine at Tufts University in Boston, MA.

 **drdental16**

Building Your Bio

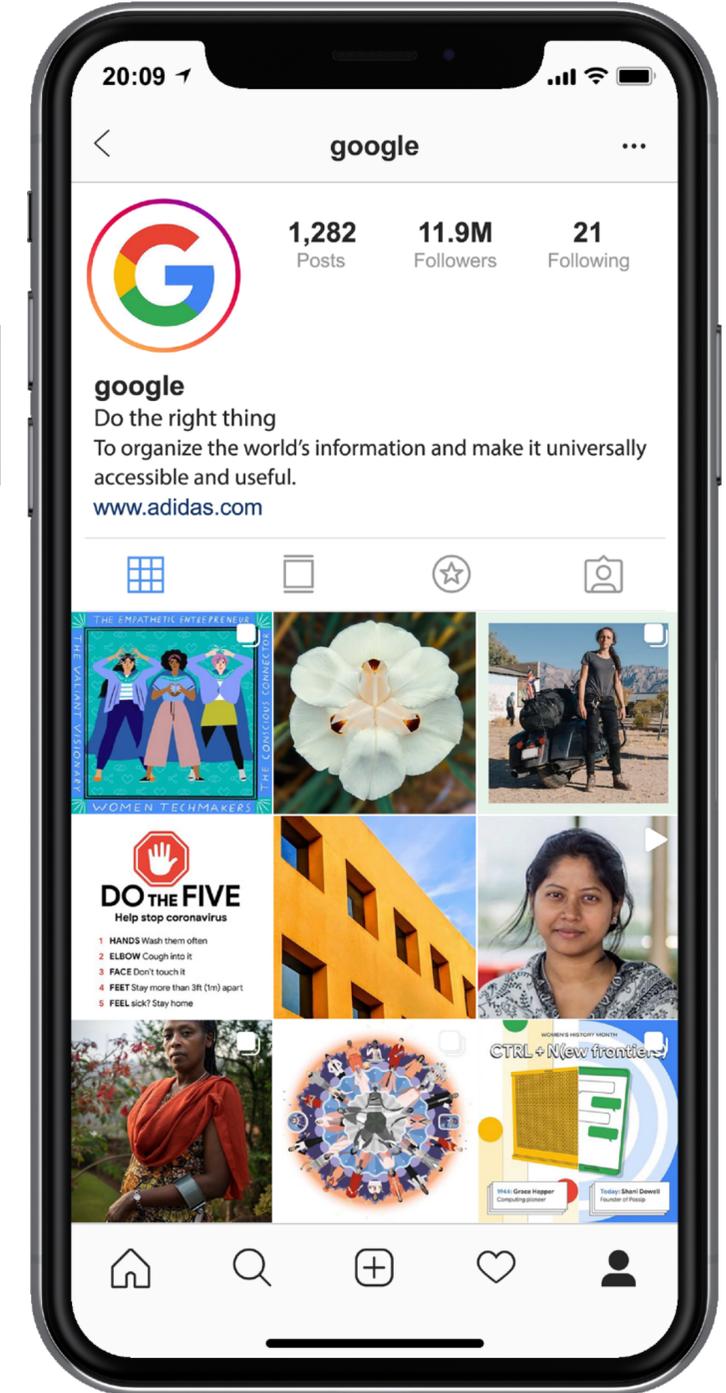
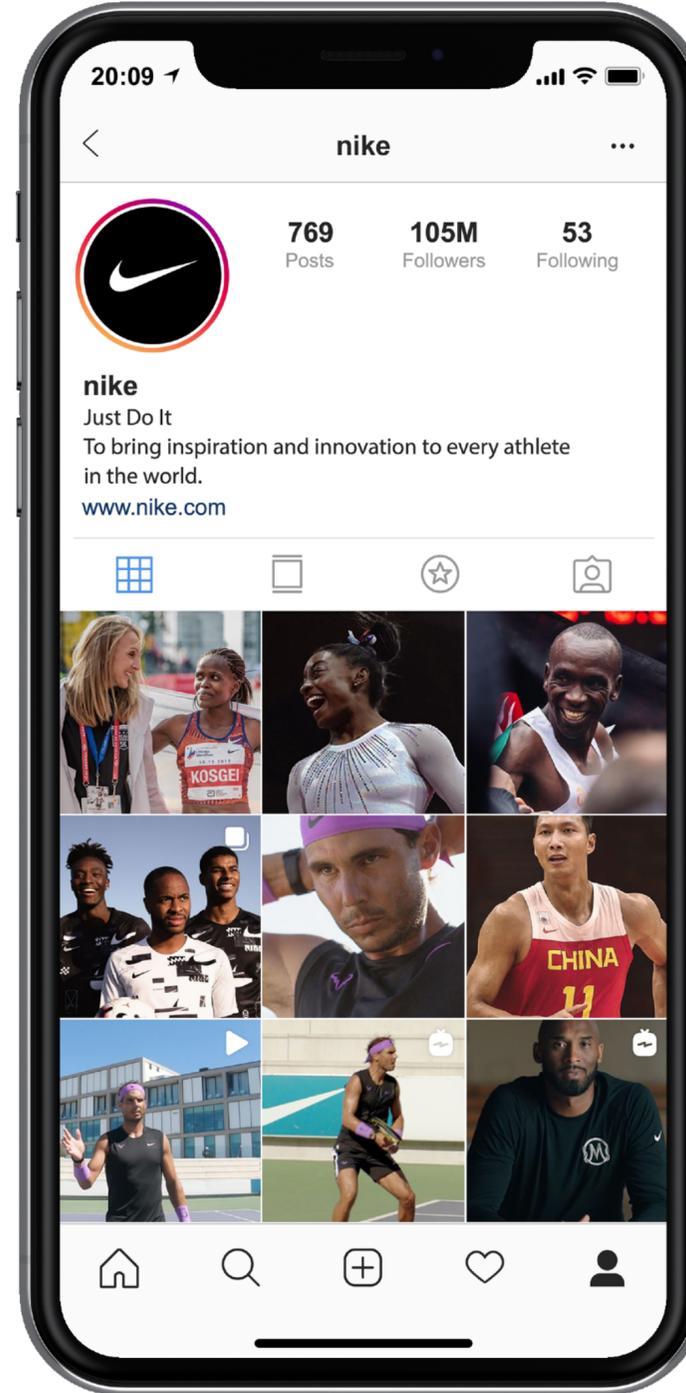
VISION

SLOGAN

A slogan is a catchphrase that encompasses a company's mission. Slogans carry a brand's values and promises as the company grows.

VISION STATEMENT

A formal summary of the aims and values of a company, organization, or individual.



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GOAL SETTING

SMART ▪ STEPS ▪ SERIOUS

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Meet your instructor

JOSHUA MUNDY

Owner of Music City Cleaners

Joshua Mundy is a native Nashvillian whom was inspired at an early age to generate income in very creative ways. His forecasting and visionary skill set has developed him into a serial entrepreneur with the ability to think of an idea or need in the community and quickly take action to set a goal to meet the need.

 [iammrmundy](#)

Building Your Dream

GOALS

DAILY GOALS

Daily Goal #1: 	Daily Goal #2: 	Daily Goal #3: 
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ANNUAL GOALS

Annual Goal #1: 	Annual Goal #2: 	Annual Goal #3: 
Annual Goal #4: 	Annual Goal #5: 	Annual Goal #6: 

QUICK QUESTIONS

1. What do you think about most?
2. What are you great at doing?
3. What do you need in order to be better?
4. What does success mean to you?
5. What do you love enough that you would do it for free?

Building Your Dream

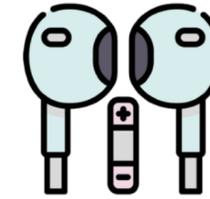
Circle the 7 priorities that are most important to you. Then, rank your activities by level of importance.



Spend time with Family



Talking or Texting



Listening to Music



Hobbies / Clubs



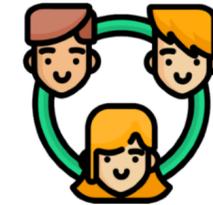
Social Media



Volunteering



Watch TV



Hangout with Friends



Meditation / Praying



Theatre / Movies



Religious Activities



Fashion and Beauty



Earning Money



Video Games



Youth Group



Sports

GOALS

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PASSION

PROBLEM ▪ WHY ▪ WHO

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Meet your instructor

KELLI FIERCE

Founder of Fierce Fit and Flex Method

Ashley is the owner of Kelli Fierce Fitness Inc. and founder of the online Fierce, Fit, and Flex Method. She is a NASM Certified Personal Trainer and Precision Nutrition Coach who specializes in helping career-focused women lose fat and gain strength. Her flexible nutrition method has led to tons of women all over the U.S. achieve success with their health, nutrition and, fitness goals.

 **kellifierce**

Finding Your Passion

PASSION

WORLD ISSUES

 Education	 Poverty	 Homelessness	 Healthcare
 Global Warming	 Incarceration	 Hunger	 Violence

1. Which problem from the options listed above do you want to solve most and explain why?

2. Where have you seen this problem before?

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STRENGTHS

CONFIDENCE ▪ AWARENESS ▪ IMPROVEMENT

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Meet your instructor

J. RENEE

The founder of Boutique J. Renee and The Visionary Academy

An innovative visionary, charismatic speaker, ground-breaking author, and serial entrepreneur: J.Renee is taking the world by a storm with her drive and passion for seeing transformation in every life that she has an opportunity to influence.

 **allthingsjrenee**

Finding Your Strengths

RATE EACH STATEMENT WITH A NUMERICAL VALUE:

STATEMENT		RATING
A	I argue my point with peers and coworkers.	
B	I try to reach compromise through negotiation.	
C	I attempt to meet the expectation of others.	
D	I work with others to find a solutions that everyone can agree with.	
E	I am firm on defending my side of an issue.	
F	I try to avoid being singled out, I keep conflict to myself.	
G	I uphold my solutions to problems.	
H	I compromise in order to reach solutions.	
I	I trade important information with others to solve problems together.	
J	I avoid discussing my differences with others.	
K	I try to accommodate the wishes of my peers and coworkers.	
L	I seek to bring everyone's point of view to light to resolve disputes.	
M	I put forth middle positions to break a deadlock.	
N	I accept the recommendations of peers and coworkers.	
O	I avoid hard feelings by keeping my disagreements with others to myself.	

1 = ALWAYS
2 = VERY OFTEN
3 = SOMETIMES
4 = NOT VERY OFTEN
5 = RARELY, IF EVER

STRENGTHS

Finding Your Strengths

RECORD THE NUMBER YOU GAVE FOR EACH STATEMENT. CALCULATE THE TOTAL UNDER EACH CATEGORY.

STYLE		STATEMENT RATING			TOTAL
	GORILLA (Competition)	A	E	G	
	OWL (Collaboration)	D	I	L	
	RABBIT (Avoidance)	F	J	O	
	BEAR (Accommodation)	C	K	N	
	FOX (Compromise)	B	H	M	

FINAL RESULTS

My Dominate Style is (Your LOWEST score):	
My Dominate Style is (Your LOWEST score):	

STRENGTHS

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NAVIGATION

PREPARATION • FOCUS • GRATITUDE

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Meet your instructor

DACARI MIDDLEBROOKS

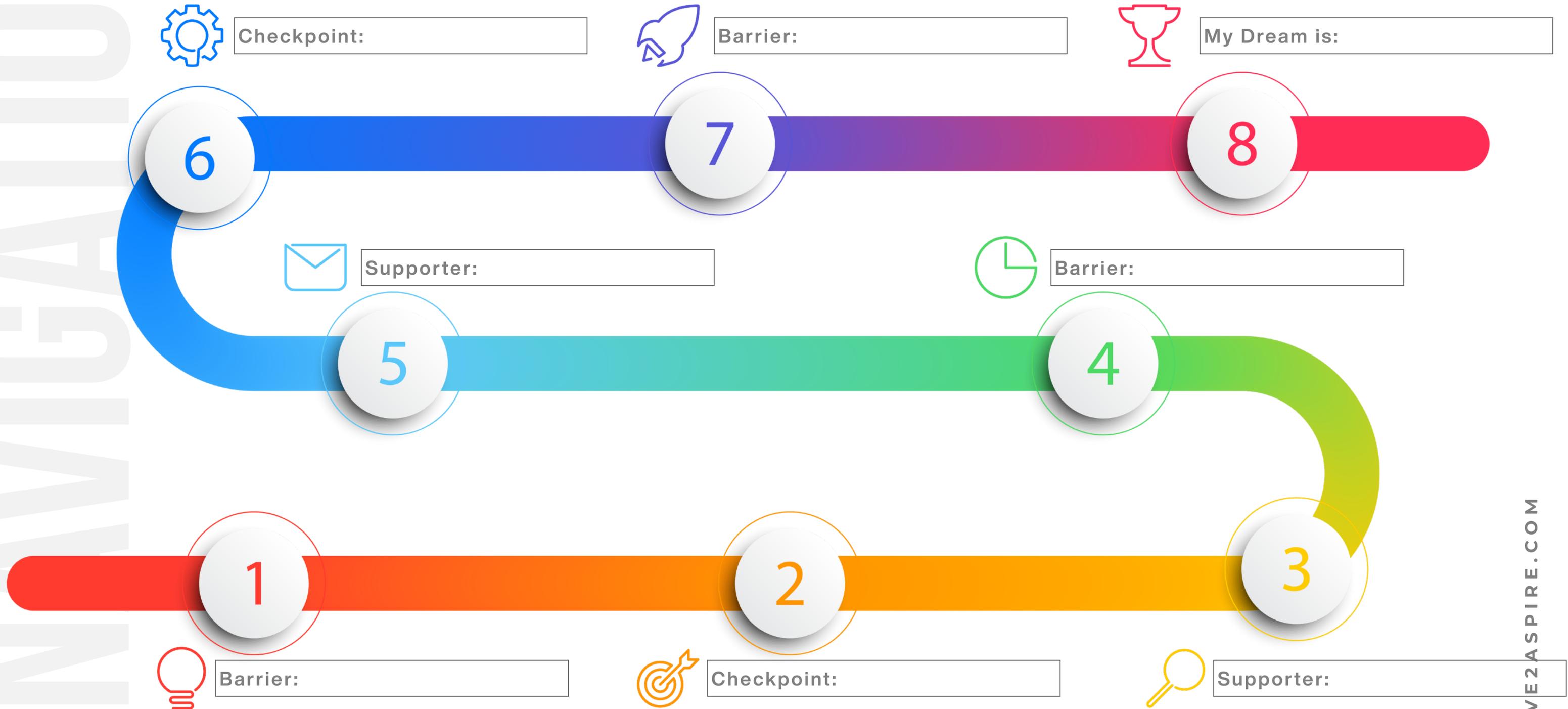
Branding Advocate, Marketing Consultant, and Speaker

Dacari is a nationally recognized speaker, skilled in the art of storytelling, social media, leadership, mentorship, and ministry. He is the author of *Social Media Matters*, and is featured in several credible publications.



Roadmap to Success

WING
GATE
WING



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THANK YOU

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JOIN US

Patrick Walker-Reese

Aspire Chief Dream Builder

+ Guest Instructor

Sessions will be streamed LIVE on
Instagram every day at 11:00am

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