

Dream BLDRS Overview 2023

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Aspire is a human development company. We help leaders and organizations build the best versions of themselves.

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At Aspire, we believe deeply in the power of human potential. We help leaders and organizations create a purpose-driven vision, culture, and habits that empower individuals and teams for lasting impact and success.

Using the power of storytelling and design, we inspire, provoke, and compel individuals and teams to reach their full potential and achieve their desired outcomes. We work closely with our clients to clarify vision, align values and goals, and implement strategies that drive meaningful change. Aspire utilizes research-based goal-setting methodologies while incorporating the life experiences of entertainment and business leaders to provide effective insights and solutions through the focus on professionalism, vision creation, and team strengthening.

We have worked with a wide range of sectors, from health and education to business, to help them define their purpose, envision a new future, and then build the capacity to make it happen. We are passionate about enabling people to unlock their potential and realize their dreams.

Dreams Come True Everyday.™

SEL leads to improved academic outcomes and behaviors

The benefits of social and emotional learning (SEL) are well-researched, with evidence demonstrating that an education that promotes SEL yields positive results for students, adults, and school communities.

Learning and practicing self-awareness, selfmanagement, social awareness, relationship skills, and responsible decision-making creates a foundation for any goal you hope to achieve – whether it relates to school, career, family, or civic life.

SEL is important for all students no matter their academic levels, ability types, behavior records, or home lives. In fact, SEL isn't limited to students. It also helps adults examine their own feelings and thoughts, manage stress, collaborate with colleagues, navigate different perspectives, and make caring choices.



5

Why SEL SEL leads to improved academic outcomes and behaviors

Improved Academic Performance

SEL programs have been shown to lead to better academic outcomes, including higher grades, test scores, and graduation rates.

Increased social and emotional skills

SEL programs help students develop important skills such as self-awareness, selfregulation, empathy, and relationship-building.

Increased mental health and well-being

SEL programs can lead to improved mental health and well-being, including reduced anxiety, depression, and stress.

Improved relationships

SEL programs can help students develop positive relationships with peers and adults, which can lead to a more positive school climate.

Reduced behavioral problems

SEL programs have been shown to decrease problem behaviors such as aggression, bullying, and absenteeism.

Better preparedness for future success

SEL programs can help students develop the skills and attitudes necessary for success in life, such as resilience, perseverance, and a growth mindset.



What is Dream BLDRS?

(Answer: Your SEL Solution)

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DREAM BLDRS

Social Emotional Learning Leadership & Development

DREAM BLDRS

Human

Development Company



ASPIRE BE THE DREAM. A Human Development Company

Dream BLDRS is designed to aid students in achieving their maximum personal and professional success.

In line with the organization goals, Dream BLDRS addresses key retention areas, by developing a sense of community through intimate weekly sessions.

Pillars of Performance

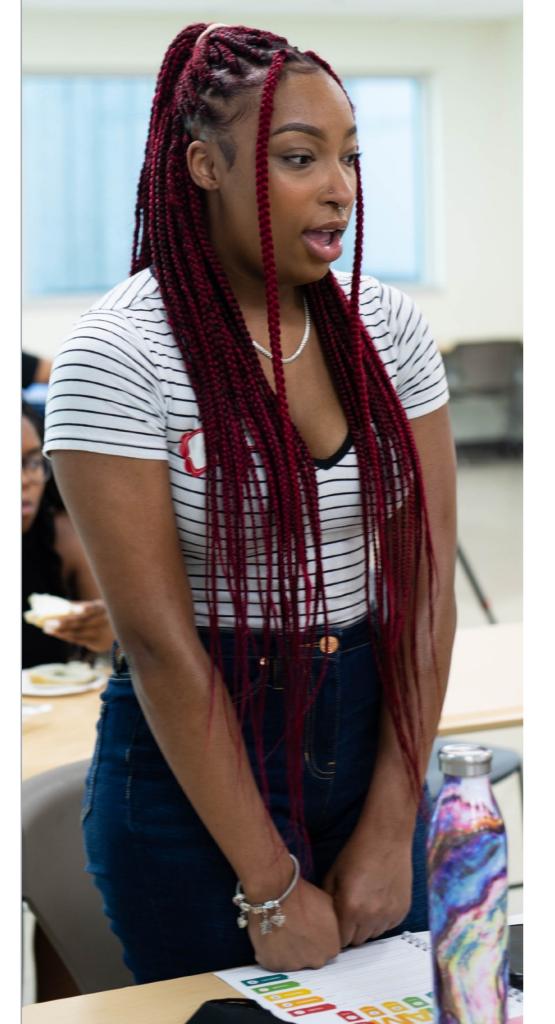
Identify key SEL skills Increase Retention Incentivize Behavior Improve Academic Growth We aid students, companies, teams, and organizations in seasons of transition through high-level training, and workshops specializing in the creation of vision and mission strategic goals.

Introducing students to the concepts, strategies, and companies to drive success beyond formal education. Our Data-Driven approach is designed to introduce dreamers to their aspirations on a new level. Through highly interactive programming and revolutionary partnerships, we are able to expose dreamers to the work it takes to turn dreams into reality.

The program creates accountability and trust through active engagement. The use of corporate and community partners help drive student engagement and create the consistent relationships, opportunities and professional partnerships for all participants.

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DREAM BLDRS



Each 60-min Dream BLDRS module includes



Pre and Post Growth Assessments



Four 15-Minute Development Points



Group Learning Activities (Team Building)



Dream BLDRS[™] Interactive Workbook



Asynchronous and Synchronous SEL Learning Activities



Independent Learning Reflections



DREAM BLDRS

Dream BLDRS is a three-phase 18-module Social and Emotional Learning (SEL) development program

This program includes:

18 Modules Total delivered in three phases 02 Six (6) Modules (60min) per phase

03 90-Sec Visual Session Recap with student highlights

04 Program Kickoff Rally* with cohort and staff 05 School-Wide SEL Assessment (Educators & Students)

⁰⁶ Dream BLDRS[™] Curriculum Guide with Lesson Plan

07 Certificate of Completion 08 Staff Program Introduction

⁰⁹ Dream BLDRS[™] Workbook

¹⁰ Interactive Case Study highlighting impact (Data Review)

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*On-site or Virtual. Each Module can be schedule.



Designed at Historically Black Colleges by HBCU graduates!

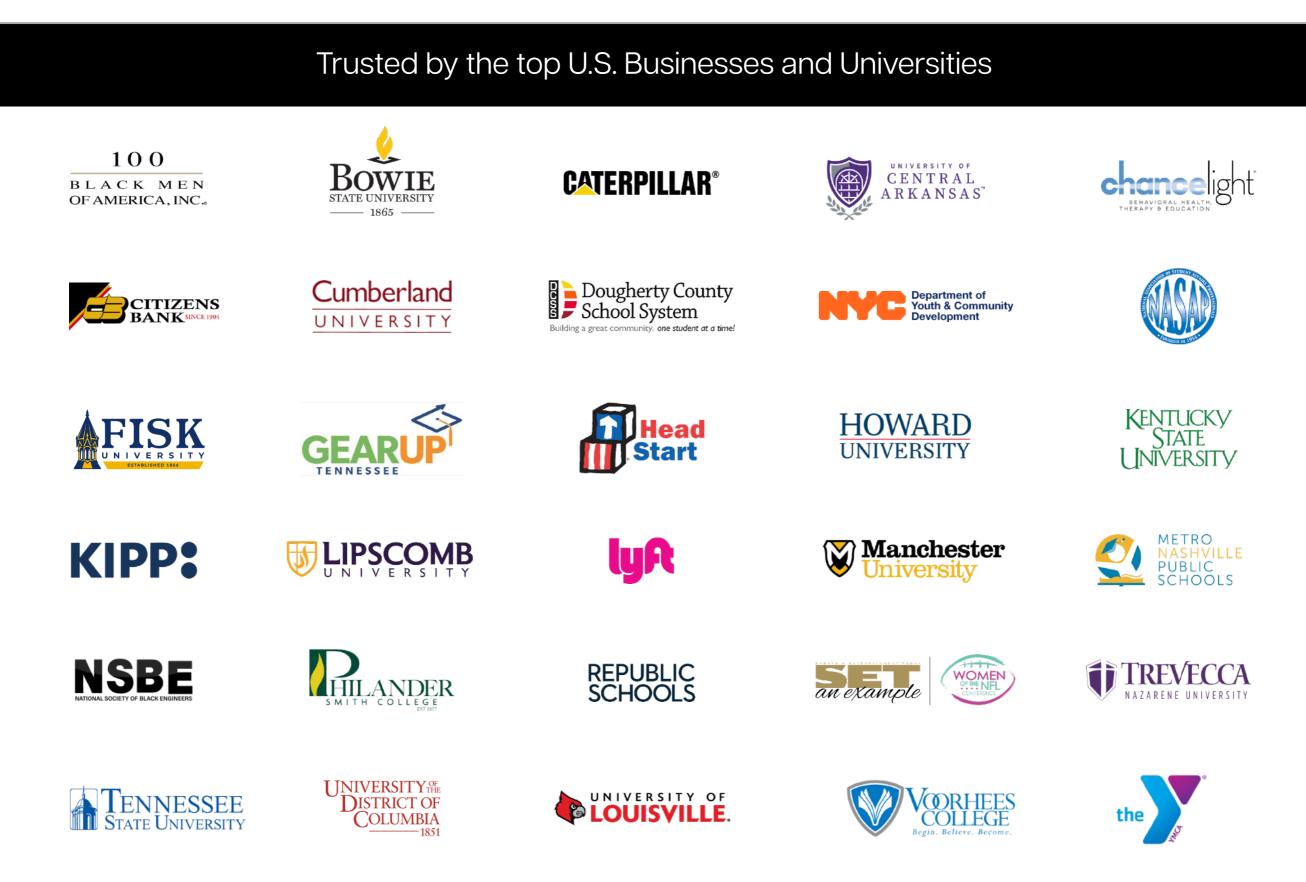
We support universities and businesses around the US, whether they design shoes, publish magazines, or sell homes.

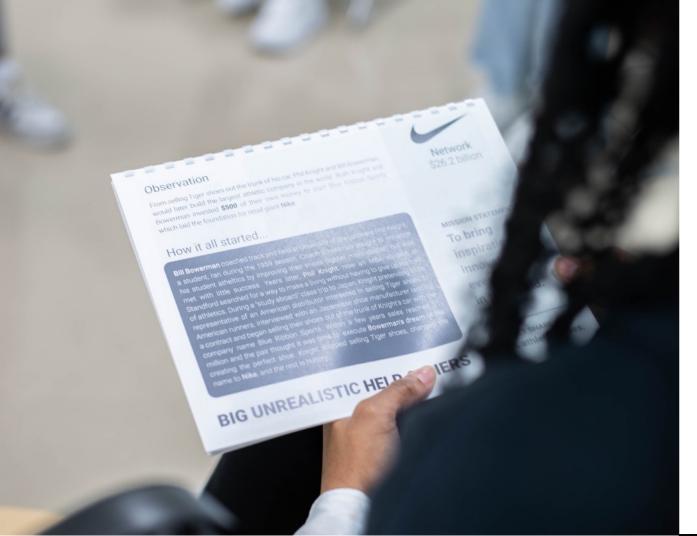


With social and emotional learning students scored 13 points higher academically compared to students without SEL.

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DREAM BLDRS





Built for Today's Student

Culturally relevant learning material repurposing pop culture, business and entertainment for educational advancement. Dream BLDRS utilizes stories the world's most innovative companies, brands, and personalities to translate key socioemotional learning (SEL) principles and skills.

Interactive & Engaging

Dream BLDRS offers individual and group learning experiences through highly focused, mobile and desktop-friendly modules that fit into any learning environment and seamlessly connect with today's student.



Enhance Retention, Behavior, and Academic Performance

Dream BLDRS translates and delivers college and career readiness core competencies to increase retention by supporting developing students with an enhanced focus on academic growth and soft skill development.





Data Review & Case Study

Connect your criteria with stakeholder alignment. We support you in building the case for the change ahead at all levels and design ways to bring both influencers and challengers on the journey.



Representation Matters

Connecting people who self-identify as Black, Indigenous, and people of color (BIPOC). Representation allows minorities to feel validated and allows us to express their opinions comfortably.

In a <u>2017 study</u> published by the Institute of Labor Economics, researchers found that low- income Black male elementary school students who were paired with a Black teacher in the third, fourth, or fifth grades were 39% less likely to drop out of high school.



Evidence-Based and Data-Driven SEL Development

Research shows that educators play a meaningful role in children's social-emotional development and teacher well-being is a powerful predictor of classroom quality. That's why we've partnered with leaders in education to equip every dreamer in a school with the skills to create a positive learning environment.

Quick
StatBlack students of both sexes who had a Black teacher scored 3 to 6
percentile points higher on standardized tests in reading than those
who did not.

Pillars of Performance

Identify SEL Skills

Research shows that well-implemented, evidence-based SEL programs are the most effective way to support young people's success and well-being in school and beyond.

Incentivize Behavior

Students participating in SEL programs showed improved classroom behavior, an increased ability to manage stress and depression, and better attitudes about themselves, others, and school.

Improve Academics

Academic learning accelerates when students have supportive relationships and opportunities to develop and practice social, emotional, and cognitive skills . Hundreds of studies offer consistent evidence that SEL bolsters academic performance.

Increase Retention

Students participating in Dream BLDRS showed improved classroom behavior, an increased ability to manage stress and depression, and better attitudes about themselves, others, and school.





Dream BLDRS by the Numbers

62%	Identify as Owls, noting their
00/0	Identify as Owls, noting their collaborative leadership style

- 91% Increase in Retention
- 51% Improvement in Email Etiquette
- 56% Improvement in Teamwork

	55%	Improvement in anxiety identification
	13%	Improvement in Academic Achievement
te	55%	Improvement in School Connectedness
	60%	Improvement in Public Speaking

As survey from our Dream BLDRS Pre- and Post- Assessment



Curriculum Overview



DREAM **BLDRS**

66

Vision

Craft your Vision Statement

We identify the aspirations of our students and equip them with a 3-tiered approach to Vision Statement Development. Students develop mission statements that serve as the foundation for their aspirations and mottos that serve as emotionally rooted pillars.

Public Speaking · Confident Speech



Connection

Build a Winning Team

Students will develop a 60-second elevator pitch that captures their individual vision, passion and strengths in a manner that is both informative and engaging to emphasize the importance of being able to connect to people who can connect you to your dream.

Effective Communication in 60 Seconds

Passion

Discovering your Why

We A Dreamer's passion is the driving force behind moving one's "what" from now a noun to a verb. As a means of passion identification, we curate a discussion on world issues.

Problem Solving · Passion Identification



Navigation

Create your Roadmap to Success

Delving into both soft skill and professional development, Students will create roadmaps to success. They will gain insight on how to navigate life by identifying challenges, allies, professional gratitude and the significance of keep your supporters invested.

Career Mapping · Networking



Strengths

Uncovering your Best Tools

Our strength module helps students identify conflict resolution and collaborative alignment based strengths and weaknesses. We use a strength assessment to help students identify the personal characteristics that they possess to turn their dreams into reality.

Conflict Resolution • Decision Making



Goal Setting

Transforming Goals into Strategy

Based on the widely-researched SMART goals principles students will learn how to take their previously designed vision statement, and set specific, measurable time-sensitive goals to it.

Time Management · Self-Management

DREAM BLDRS



Personal Branding

Defining Originality for You Designed to help you start thinking about your Personal Brand and provide you with practical steps on how to start building and communicating who you are, what you do, what your core strengths and skills are as well as the value you can bring.

Public Speaking · Confident Speech

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Imagination

How Far Can You Take It

Participants display mastery of traits from previous modules in a creative way. By way of writing speeches and accepting awards for their pre-identified goals, dreamers are able to create a snapshot of success, of what their consistent work will lead up to.

Public Speaking · Confident Speech



Process

Creating Systems for Success

Process development is about improving your way of working by identifying and creating the most efficient processes that produce the best results. In this session, students will analyze and critique their own problem-solving techniques.

Problem Solving • Passion Identification



Cultural Competency

Reaching Diverse Populations

Enhance the capacity to respond to their diverse student populations and colleagues with increased cultural competency. We will provide baseline training on cultural competence and the implications for educators in their work.



Discipline

Define Discipline for Your Life

Our strength module helps students identify conflict resolution and collaborative alignment based strengths and weaknesses. We use a strength assessment to help students identify the personal characteristics that they possess to turn their dreams into reality.

Conflict Resolution • Decision Making



Digital Integration

The Bridge between People and Tech

Explore how technology, specifically social media can facilitate differentiation and create rich learning experiences that elevate struggling students and engage those who work at an accelerated pace.

Inclusiveness · Awareness

Access · Engagement

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SEL Snapshot 22

Vision

Craft your Vision Statement Self Awareness + Self Management



Passion

Discovering your Why Social Awareness + Responsible Decision Making



Connection

Build a Winning Team Relationship Skills + Social Awareness



Navigation

Create Your Roadmap to Success Career Mapping + Networking



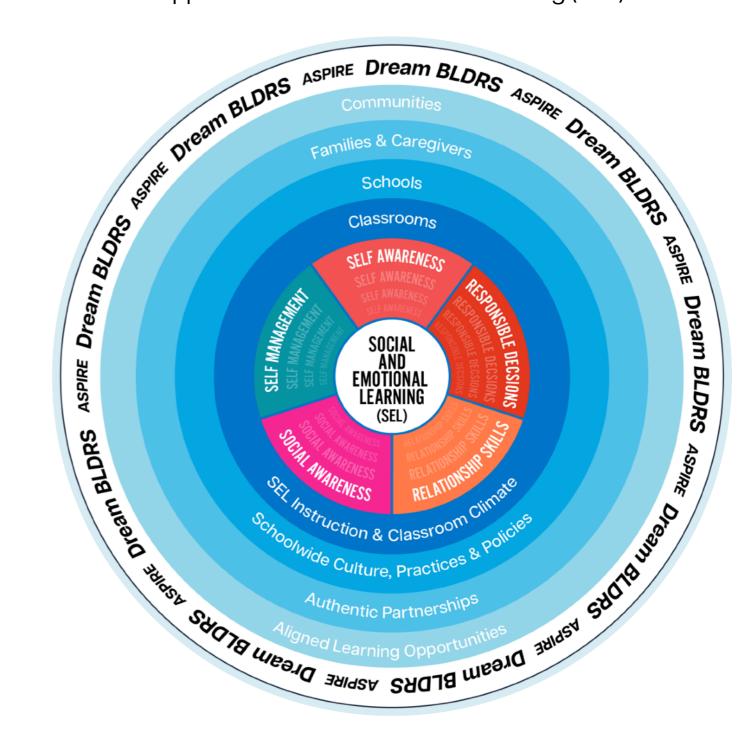
Strengths

Uncovering Your Best Tools Conflict Resolution + Decision Making



Goal Setting

Uncovering your best tools Time Management + Self Management ASPIRE Dream BLDRS[™] is a holistic data-driven approach to Social Emotional Learning (SEL)



Deliverables

Key Result Areas (KRA)						
Career Mapping	Self-Actualization	Internal Culture				
Personnel will be able to articulate their vision statement	Personnel will demonstrate a heightened level of self-actualization	Reframe Internal Branding "the Nike of Black Banking"				
Identify their individual strengths	Increased productivity	Improve Customer Service using industry leaders (i.e., Ritz Carlton)				
Build a personalized gameplay for success within the company	Improved teamwork via the post assessment	Create a strong Community Presence				
Identify team strengths and weaknesses	2023 Staff Reorientation	Team Building for Board 2022				

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Bring the #1 SEL Leadership Training to your campus!

Sign up for the Dream BLDRS University Tour today. Here's how:

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Campus and		Work with your		National	
Charter Programming		Department and		Conference	
and Events		Partners		And Events	
Improve	Stress	Top SEL Program	Leadership	Team	
Retention	Management	in the Country	Training	Building	

SIGN UP TODAY!

SIGN UP BEFORE NOVEMBER 1, 2022

Have questions?

Please contact your Aspire Representative, or email: <u>info@AspireBeTheDream.com</u>.

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Thank You

Please contact your Aspire Representative, or email: <u>info@AspireBeTheDream.com</u>.

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